## CGLA September 2023

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				Labor Day Holiday
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4	5		7	8
	Breakfast	Breakfast	Breakfast	Breakfast
	WG Cereal	Yogurt & WG Granola	WG Turkey Sausage,	WG Waffles
	Fruit	Fruit	Egg & Cheese Bagel	Fruit
	Milk	Milk	Fruit	Milk
			Milk	
Labor Day Holiday	Lunch	Lunch	Lunch	Lunch
	WG Chicken Nuggets	Grilled Chicken Sandwich	WG Mini Pepperoni	Cheeseburger on WG Bun
	Tots	on WG Bun	Calzones (beef)	Sweet Potato Fries
	Baby Carrots	Baked Beans	Green Beans	Seasoned Corn
	WG Goldfish Crackers	Fruit	Marinara	Fruit
	Fruit	Milk	Fruit	Milk
	Milk		Milk	
11	12	13	14	15
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
WG Blueberry Bread	Egg & Cheese	WG Mini French Toast	WG Cini Mini	WG Chicken Biscuit
Fruit	on WG Croissant	Fruit	Fruit	Fruit
Milk	Fruit	Milk	Milk	Milk
THIR .	Milk	WIIIK	TVIIIK	TVIIIK
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Parmesan	Meatball Sub	Spaghetti w/ Meat Sauce	Fried Chicken Leg	WG Pizza
Sandwich on WG Bun	Green Beans	Broccoli	Baked Beans	Sweet Potato Fries
	Cucumber Slices	WG Garlic Bread	Mashed Potato	
Tots	Cucumper Slices	WG Gariic Bread	Masned Potato	Celery Sticks
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Baby Carrots	Fruit	Fruit	WG Roll	Fruit
Fruit	Fruit Milk	Fruit Milk	Fruit	1 *
Fruit Milk	Milk	Milk	Fruit Milk	Fruit Milk
Fruit			Fruit	Fruit
Fruit Milk	Milk 19 Breakfast	Milk 20 Breakfast	Fruit Milk	Fruit Milk  22  Breakfast
Fruit Milk 18	Milk  19  Breakfast  WG Breakfast Cookie	Milk 20	Fruit Milk	Fruit Milk
Fruit Milk  18  Breakfast	Milk 19 Breakfast	Milk 20 Breakfast	Fruit Milk 21 Breakfast	Fruit Milk  22  Breakfast
Fruit Milk  18  Breakfast  WG Cereal	Milk  19  Breakfast  WG Breakfast Cookie	Milk  20  Breakfast  WG Mini Waffles	Fruit Milk  21  Breakfast  WG Turkey Sausage,	Fruit Milk  22  Breakfast  WG Pancakes
Fruit Milk  18  Breakfast  WG Cereal Fruit	Milk  Breakfast  WG Breakfast Cookie  Fruit	Milk  20  Breakfast  WG Mini Waffles  Fruit	Fruit Milk  21  Breakfast  WG Turkey Sausage, Egg & Cheese Bagel	Fruit Milk  22  Breakfast  WG Pancakes Fruit
Fruit Milk  18  Breakfast  WG Cereal Fruit	Milk  Breakfast  WG Breakfast Cookie  Fruit	Milk  20  Breakfast  WG Mini Waffles  Fruit	Fruit Milk  21  Breakfast  WG Turkey Sausage, Egg & Cheese Bagel Fruit	Fruit Milk  22  Breakfast  WG Pancakes Fruit
Fruit Milk  18  Breakfast  WG Cereal  Fruit Milk	Milk  Breakfast  WG Breakfast Cookie  Fruit  Milk	Milk  Breakfast  WG Mini Waffles  Fruit  Milk	Fruit Milk  21  Breakfast  WG Turkey Sausage, Egg & Cheese Bagel Fruit Milk	Fruit Milk  22  Breakfast  WG Pancakes Fruit Milk  Lunch
Fruit Milk  Breakfast  WG Cereal  Fruit Milk  Lunch	Milk  Breakfast  WG Breakfast Cookie  Fruit  Milk  Lunch	Milk  Breakfast  WG Mini Waffles  Fruit  Milk  Lunch	Fruit Milk  21  Breakfast  WG Turkey Sausage, Egg & Cheese Bagel Fruit Milk  Lunch	Fruit Milk  22  Breakfast  WG Pancakes Fruit Milk  Lunch
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Fruit Milk  Breakfast  WG Cereal Fruit Milk  Lunch  WG Chicken Nuggets Baby Carrots	Milk  Breakfast  WG Breakfast Cookie  Fruit  Milk  Lunch  Nachos  Pinto Beans	Milk  Breakfast  WG Mini Waffles Fruit Milk  Lunch  Mini Calzones (beef pepperoni)	Fruit Milk  21  Breakfast  WG Turkey Sausage, Egg & Cheese Bagel Fruit Milk  Lunch  BBQ Chicken Sandwich on WG Bun	Fruit Milk  22  Breakfast  WG Pancakes Fruit Milk  Lunch  WG Mini Corn Dogs (chicken) Tots
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 $<sup>^{\</sup>ast}$  All items subject to availability from distributors; last minute changes may be necessary  $^{\ast}$ 

<sup>\*\*</sup> Laughing Sprouts is an Equal Opportunity Employer \*\*